**CORE Session 2: Activity Option 1**

- **Identity Walk**

- **Supplies:** Sheets of paper for each category (race/ethnicity; ability; gender; sexuality; nationality; religion; socio-economic status); blue tape

- **Tips:** Instructors, please read the facilitator notes prior to this session. Be sure to make a statement about challenge by choice, privacy, etc. and hold this activity in a private, quiet space.

- **Introduce activity:** Around the room, post sheets with the main identity categories (in appendix) with space in between each. Explain to the group that you are going to read a statement and they'll move to the sign that best fits their response. Before you begin, point out where the signs are (might want to define ability-what you are capable of physically, mentally, and emotionally; review difference between race/ethnicity). It is good for the facilitator to also participate as this is can be a vulnerable ask. Once you read a statement, provide the opportunity for people to share what made them go to the area that they did. Then read the next statement and do it again.

  - I am most proud of this part of my identity
  - I am most aware of this part of my identity
  - I wonder how this part of my identity might impact my relationship with the communities we are visiting
  - I don’t often think about this part of my identity
  - This part of my identity is most misunderstood
  - I sometimes worry about how this part of my identity might impact my relationship with our group/This part of my identity makes me the most uncomfortable
  - While traveling, this part of my identity feels really important to me
  - I want to learn more about this part of my identity

- **FACILITATOR NOTE:** If there is a large group in one category, asking to hear from a couple of voices in that area is a good idea/practice. If someone is sharing every time, the next time you move, you could say something like maybe let’s hear from a voice we haven’t heard from yet, what made you choose where you are standing? If people want to stand in the middle or in between two, welcome it. If you choose as a facilitator to share why you are standing where you chose, be mindful about bringing in some perspective that students might not have yet -only do this is when it is natural/authentic.

- **Debrief:** This is arguably the most important part of the activity so be sure to leave time for it. It is a good idea to give time for people to journal privately before sharing out. Helpful starting prompts: What was that like for everyone? Was there anything surprising to you?