

CORE Session 2: Activity Option 1

□ Identity Walk

- **Supplies:** Sheets of paper for each category (race/ethnicity; ability; gender; sexuality; nationality; religion; socio-economic status); blue tape
- **Tips:** Instructors, please read the facilitator notes prior to this session. Be sure to make a statement about challenge by choice, privacy, etc. and hold this activity in a private, quiet space.
- **Introduce activity:** Around the room, post sheets with the main identity categories (in appendix) with space in between each. Explain to the group that you are going to read a statement and they'll move to the sign that best fits their response. Before you begin, point out where the signs are (might want to define ability-what you are capable of physically, mentally, and emotionally; review difference between race/ethnicity). It is good for the facilitator to also participate as this can be a vulnerable ask. Once you read a statement, provide the opportunity for people to share what made them go to the area that they did. Then read the next statement and do it again.
 - *I am most proud of this part of my identity*
 - *I am most aware of this part of my identity*
 - *I wonder how this part of my identity might impact my relationship with the communities we are visiting*
 - *I don't often think about this part of my identity*
 - *This part of my identity is most misunderstood*
 - *I sometimes worry about how this part of my identity might impact my relationship with our group/This part of my identity makes me the most uncomfortable*
 - *While traveling, this part of my identity feels really important to me*
 - *I want to learn more about this part of my identity*
- **FACILITATOR NOTE:** If there is a large group in one category, asking to hear from a couple of voices in that area is a good idea/practice. If someone is sharing every time, the next time you move, you could say something like *maybe let's hear from a voice we haven't heard from yet, what made you choose where you are standing?* If people want to stand in the middle or in between two, welcome it. If you choose as a facilitator to share why you are standing where you chose, be mindful about bringing in some perspective that students might not have yet -only do this is when it is natural/authentic.
- **Debrief:** This is arguably the most important part of the activity so be sure to leave time for it. It is a good idea to give time for people to journal privately before sharing out. Helpful starting prompts: *What was that like for everyone? Was there anything surprising to you?*