ATHLETES ABROAD:
A STUDY OF STUDENT ATHLETES’ PARTICIPATION IN SUSQUEHANNA UNIVERSITY’S GLOBAL OPPORTUNITIES PROGRAM

David Imhoof
Jay Lemons
(Christina Dinges)
PLAN FOR TODAY

- Athletes generally
- Experience at Susquehanna
- Case studies
- Your experiences, best practices, problems
Enrollment: 2200 Undergraduate
Private, Residential

The School of Arts and Sciences
The Sigmund Weis School of Business

Global Opportunities (GO) Program
- GO Long: semester abroad
- GO Short: 2-7 weeks, faculty/staff-led
- GO Your Own Way
- Pre-departure and post-trip reflection classes

Annual Student Mobility-Study Away: 450-500
National Collegiate Athletic Association (NCAA)

Membership
1,281 institutions, conferences, organizations, and individuals

Participating Students
450,000 college student-athletes

Number of National Championships Awarded Yearly
89 national championships yearly
  44 women's
  42 men's
  Coed championships for fencing, rifle, and skiing
<table>
<thead>
<tr>
<th>Division</th>
<th>2010</th>
<th>2015</th>
</tr>
</thead>
<tbody>
<tr>
<td>Division I</td>
<td>32 hours/week</td>
<td>34 hours/week</td>
</tr>
<tr>
<td>Division II</td>
<td>30 hours/week</td>
<td>32 hours/week</td>
</tr>
<tr>
<td>Division III</td>
<td>27 hours/week</td>
<td>28.5 hours/week</td>
</tr>
<tr>
<td>Division</td>
<td>2010</td>
<td>2015</td>
</tr>
<tr>
<td>--------------</td>
<td>-----------------------</td>
<td>-----------------------</td>
</tr>
<tr>
<td>Division I</td>
<td>35.5 hours/week</td>
<td>38.5 hours/week</td>
</tr>
<tr>
<td>Division II</td>
<td>35.5 hours/week</td>
<td>38.5 hours/week</td>
</tr>
<tr>
<td>Division III</td>
<td>38.5 hours/week</td>
<td>40.5 hours/week</td>
</tr>
</tbody>
</table>
### Median Hours Spent Per Week on **Athletic** Activities In-Season (2015 SA Self-Report)

<table>
<thead>
<tr>
<th></th>
<th>Division I</th>
<th>Division II</th>
<th>Division III</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Baseball</td>
<td>Men’s Basketball</td>
<td>Football (FBS/FCS)</td>
</tr>
<tr>
<td><strong>Athletic Hours</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Athletic Hours</td>
<td>40</td>
<td>34</td>
<td>42</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Division II</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Athletic Hours</td>
<td>37</td>
<td>32</td>
<td>36</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Division III</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Athletic Hours</td>
<td>34</td>
<td>29</td>
<td>31</td>
</tr>
</tbody>
</table>

**Notes:** Yellow indicates median up 2 hours/week or more vs. 2010 study. Green indicates median down by 2 hours/week or more vs. 2010.
Study Abroad Statistics

Percentage of first year students who believe they will study abroad:  81%

Percentage of students who actually do study abroad:  ~10%

Percentage of students who do not want to study abroad:  6%

ACE - American Council on Education 2008
### Have you been involved in study abroad?

<table>
<thead>
<tr>
<th></th>
<th>Baseball</th>
<th>MBB</th>
<th>Football FBS</th>
<th>FCS</th>
<th>M Other</th>
<th>WBB</th>
<th>W Other</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Division I</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes, I have or will</td>
<td>5%</td>
<td>8%</td>
<td>9%</td>
<td>5%</td>
<td>10%</td>
<td>9%</td>
<td>13%</td>
</tr>
<tr>
<td>Would like to, but can’t because of athletics</td>
<td>26%</td>
<td>20%</td>
<td>33%</td>
<td>36%</td>
<td>31%</td>
<td>32%</td>
<td>38%</td>
</tr>
<tr>
<td><strong>Division II</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes, I have or will</td>
<td>5%</td>
<td>7%</td>
<td>9%</td>
<td>13%</td>
<td>8%</td>
<td>15%</td>
<td></td>
</tr>
<tr>
<td>Would like to, but can’t because of athletics</td>
<td>18%</td>
<td>18%</td>
<td>21%</td>
<td>17%</td>
<td>25%</td>
<td>25%</td>
<td></td>
</tr>
<tr>
<td><strong>Division III</strong></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yes, I have or will</td>
<td>21%</td>
<td>10%</td>
<td>21%</td>
<td>22%</td>
<td>16%</td>
<td>31%</td>
<td></td>
</tr>
<tr>
<td>Would like to, but can’t because of athletics</td>
<td>17%</td>
<td>25%</td>
<td>12%</td>
<td>15%</td>
<td>33%</td>
<td>15%</td>
<td></td>
</tr>
</tbody>
</table>
Susquehanna Student Athletes Abroad: Some Data

- Importance of athletics on this Division III campus
- Varsity athletes graduating in 2015 and 2016
- Gender: 33% female, 67% male
- Majors: especially Business, Communications, Sciences, Education
- 66% short, 31% full semester, 4% Go Your Own Way
WHERE DO THEY GO?

- GO Long (semester):
  - London = 62% (45% to our Business School Program + 17% to Regents)
  - Chiefly Europe, some other parts of world

- GO Short (2-7 weeks, faculty-led)
  - more locations, but larger number to same programs
  - Especially Europe, domestic, South America

- GO Your Own Way: Europe, USA, South America
1. English-Speaking

2. Overwhelmingly Susquehanna Programs (our own or w preferred providers)

3. Athletes go together more than regular students: 81% went with at least one other athlete
   - Cf. regular students 54% GO Long together

4. More GO Short than GO Long
CASE STUDIES

1. GO Cyprus: Faculty/Staff-Led Program
2. GO Chile: (Baseball) Program
GO CYPRUS: A TABLE DIVIDED
(SUMMER 2015)
## Group Breakdown

### Majors/Minors
- Finance 4
- Business 4
- Education 3
- Communications 7
- Psychology 3
- History 1
- Creative Writing 1
- Chemistry 1
- Biology 1
- Public Policy 1

### Student Athletes
- 12 Football
  - 6 Lacrosse
  - 2 Basketball
  - 1 Track
  - 1 Rowing
  - 4 Did not participate in athletics

### Gender
- 5 females
- 21 males

*Either on a university team or club*
<table>
<thead>
<tr>
<th>What worked</th>
<th>What didn’t</th>
</tr>
</thead>
<tbody>
<tr>
<td>Group set ground rules</td>
<td>Student pushed the rules</td>
</tr>
<tr>
<td>Breaking into small groups for reflection</td>
<td>No significant negatives</td>
</tr>
<tr>
<td>Program Challenge Handbook</td>
<td>No significant negatives</td>
</tr>
<tr>
<td>Giving out an allowance for meals each day</td>
<td>Breakfast buffet (all you can eat)</td>
</tr>
<tr>
<td>Incorporating some sports related programming</td>
<td>Missed opportunity to have our students work with the local university teams</td>
</tr>
<tr>
<td>Walking running trails nearby</td>
<td>Lack of gym access</td>
</tr>
</tbody>
</table>
CHALLENGE HANDBOOK

Sage Welkel
May 27, 2015
Check in at Segafredo
Try mastic ice cream
Re-Up phone
LESSON LEARNED

- Invite one the coaches to the pre-departure class or even better, invite one of the coaches to be part of the program from the start.

- Work with student leaders in the group – e.g. Football Captain was on the program and was helpful with group dynamics.
LIFE IS GOOD IN CHILE

- Coach Denny Bowers with team and with regular students
- Experiential/service learning
- Different “team” concept
- Gender
- Professional development
1. What relevant questions/issues did the session help you consider?

2. What would you like to have seen more?

3. What suggestions or questions do you have for us?